



DISTRICT 22 AL-ANON / ALATEEN  
DAY OF SHARING

# Look Up For Hope!



SATURDAY APRIL 7  
UNITED METHODIST CHURCH  
175 FIFTH AVENUE, SARATOGA SPRINGS  
9:00am to 3:00pm

TWO SPEAKERS IN THE MORNING:  
9:30-10:00 & 10:15-10:45

Lunch will be provided and a hand made Afghan will be raffled

TWO WORKSHOPS IN THE AFTERNOON:  
J(ust) O(pen) Y(ourself) 12:15-1:00  
H(onest) O(pen) W(illing) 1:15-2:00  
Serenity Walk 2:15

\$3 Donation at the Door  
COME JOIN US TO SHARE GOOD FELLOWSHIP and  
the HOPE OF THE PROGRAM

YOU GOTTA HAVE HOPE!

