



NEW

Al-Anon Beginner's Meeting

A series of 6 meetings to introduce newcomers to the Al-Anon program. Offering an opportunity to ask questions and discuss feelings with longtime members.

WHERE

Healing Springs

125 High Rock Ave. 105A

Saratoga Springs, NY 12866

WHEN

Starts: December 1

Saturday @ 4pm-5pm

AL-ANON

A mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help.